



REVIEWS

Helen Lederer's “Not That I’m Bitter” A Truly, Madly, Funny Memoir

Published by Mirror Books
11th April 2024

‘Here is a narrative that is above all irrepressibility, unrepentantly funny’

The Observer

‘Book of the Year’

Times Radio

‘I find her a hoot...’

The Guardian

‘In this honest, laugh-out-loud memoir, the star pulls no punches. Brilliant.’

Woman Magazine

‘Wildly entertaining, adorable and thought-provoking’

Joanna Lumley

‘Helen provides side-splitting laughs’

Woman’s Weekly

‘Helen’s book is funny, wise, brilliant, and brave Just like it’s author. A fascinating trip through the life and times of one of the early (and not sufficiently recognised) heroes of Alternative Comedy.’

Ben Elton

‘It hardly needs saying for anyone who knows Lederer’s work, this is a very funny book. Moving and touching, but also not short on burst-out-giggling passages.’

Bruce Dessau, Time Out

‘I devoured this book in one sitting. Funny, touching, and important. It proudly sits on my bookshop amongst my favourite autobiographies.

A must read’

Susan Calman

‘Despite the title there’s surprisingly little bitterness or score-settling in Helen’s no holds barred book; it’s confessional... self-lacerating... as well as being very funny indeed.’

Choice Mag

‘Dizzy, dippy and divinely funny Helen Lederer takes you on an insanely readable tour through her chaotically wonderful life. Under her costume of the madcap and the daft, there ticks a very, very smart brain and their beats a most warm and kindly heart. It’s a wonderful read’

Stephen Fry

‘A fantastic memoir... authenticity on the page - it’s what an autobiography should be’

Richard Herring

‘Helen Lederer’s new book is a rare thing in showbiz circles – an honest memoir. In fact, the comedienne may well have created a new genre with her examination of all the ugly emotions – shame, envy, rivalry, failure, humiliation – mixed with healthy doses of laugh-out-loud humour.’

Hello! Magazine

'An hilarious, anecdote-packed book'

Best Magazine

'I've always absolutely LOVED Helen Lederer – incredibly talented & incredibly funny! It is ABSOLUTELY BRILLIANT! If you're a fan buy it & remind yourself why...if you're not a fan buy it & find out that you're wrong! SUPERB!'

Christina Patterson, The Times

'Helen is an open book, and this is a book you should open. Her progression through the comedy swamp of the eighties is fascinating, poignant and laugh-out-loudy.'

Jo Brand

'It's very funny, at points sad, and very revealing about what it was like to be a comedian back in the day'

'Incredibly honest - a real slice of life. Hilarious'

Jane and Fi, Times Radio

'Enjoying the lols in Not That I'm Bitter very much. The massage parlour!'

Julian Clary, Twitter

'Honestly funny, honestly truthful, from one of the pioneers of the 80's comedy scene, when women on the circuit were as rare as unicorns'

Jenny Eclair

'Helen Lederer's memoir, "Not That I'm Bitter," is an absolute gem that had me laughing out loud from start to finish. With her witty and sharp writing style, Lederer takes us on a rollercoaster ride through her life in the 1980s alternative comedy scene, where she navigates the ups and downs of being one of the few women in a male-dominated industry.'

Good Reads

'I really enjoyed it. You're very honest. We love you, Helen'

BBC Breakfast

'A fascinating story. I urge you to get a copy!'

Michael Ball, BBC Radio 2

'Incredibly well written'

Susannah Reid

'The reviews for this book are off the scale – it's moving, It's funny - I loved this book! it made me smile, it made me sad and uplifted'

Quick Book Review Podcast

'Comedy legend is lifting the lid on 40 years as one of Britain's funniest women in her memoir, Not That I'm Bitter. A terrific read, beautifully written, full of funny moments'

ITV Good Morning Britain

'A lovely read'

Ireland AM

'A really honest autobiography'

BBC Radio Merseyside

'She's made me laugh out loud a few times whilst listening and she doesn't shy away from more difficult issues around mental health. Informed, entertaining and totally engaging. I loved every minute of this which I polished off in a couple of evenings.'

NetGalley

'Known for her expressive face, unique wit, and observational humour Lederer is bloody funny and brilliantly brave. You feel she hasn't had an easy ride of it, but you want to jump right on her bandwagon and drive her forward to where she belongs. Bravo Helen. We love you.'

Love Reading

'A must read. I couldn't put this book down - the clever humour mixed with a line of authentic warmth and storytelling makes this a must read - revelatory on every page.'

5 stars Waterstones Reviews